



THE GRAZER

September 12, 2019

Recipe selections below from the Urban Graze Recipe Library chosen for **this week's produce**. Right click on hyperlinks to access &/or download these recipes **For access to full recipe library, right click to open hyperlink here: [Urban Graze Recipe Library](#)** Next, click on the green "Get Cookin'" Tab in column on the right side of page, click on veggie name of your choice to access recipes, or type key words in search box- e.g. list of different veggies you want to use in a recipe

Stovetop Dinners

[Cashew Chicken & Broccoli](#)

[Garlic-Ginger Broccoli & Winter Squash Medley](#)

[Basic Stir Fry Template](#)

Oven Dinners

[Savory Broccoli & Pancetta Bread Pudding](#)

[Easy Vegetable Souffle Gratin](#)

[Broccoli Stalk Enchiladas](#)

Pasta

[Pasta with Beets & Greens](#)

Wraps, Sandwiches

[Swiss Chard Wraps](#)

[Beet Reubens](#)

Pizza

[Roasted Cauliflower &/or Broccoli Pizza](#)

[Beet & Onion Pizza](#)

[Potato Winter Squash Pizza](#)

Soups

[Creamy Purple Potato Soup](#)

[South American Blue Potato Stew](#)

[Watermelon Gazpacho](#)

Salads & Grain Bowls

[Cauliflower & Broccoli Salad](#)

[Cauliflower Salad with Mustard Vinaigrette](#)

[Grains & Greens Salad Template](#)

[Beets Greens & Quinoa Bowl w/ Garlic Yogurt Dressing](#)

[Platter Salad](#)

[Purple Potato Salad](#)

[Chicken Watermelon Salad](#)

[Roasted Squash Salad](#)

[Roasted Squash and Cherry Tomato Salad](#)

Side Dishes

[Golden Beets & Grains Pilaf](#)

[Layered Beet & Potato Gratin](#)

[Blue on Blue Potatoes](#)

[Mashed Purple Potatoes](#)

Breakfast, Treats, Snacks, Misc.

[Roasted Cauliflower Dip](#)

Right-Click to Open This Week's Hyperlinks:

- [September 12 Farm Letter](#)
- [Sept. 12 Produce Info, Storage & Prep Tips](#)

General CSA Info Hyperlinks:

- [2019 CSA Member Information](#)
- [Stocking Your Freezer/Fridge/Pantry + Tips for CSA/Healthy Eating Success](#)
- [How to Flatten Your CSA Box](#)

"A true conservationist is a man who knows that the world is not given by his fathers, but borrowed from his children."

—John James Audubon

INSIDE THIS WEEK'S BOXES

3/4 Bushel and 7/8 Bushel Shares

- Broccoli
- Purple Cauliflower
- Sweet Corn
- Gold Beets
- Red Kabocha Winter Squash
- Swiss Chard
- Purple Potatoes
- Red Grape &/or Slicer Tomatoes
- Mixed Sweet Bell Peppers
- Cantaloupe or Watermelon
- Mint, if available
- Lemon Pepper Noodles

1/2 Bushel Share

- Purple Cauliflower
- Sweet Corn
- Red Kabocha Winter Squash
- Swiss Chard
- Red Grape Tomatoes
- Sweet Bell Pepper
- Cantaloupe or Watermelon
- Lemon Pepper Noodles

Bumper Crop Share

- Broccoli
- Purple Cauliflower
- Sweet Corn
- Slicer Tomato
- Lacinato Kale

Some of what might be coming next week: Spaghetti Squash, Red Cabbage, Watermelon Radishes