

# THE GRAZER

August 24, 2017



“People who love to eat are always the best people.” – *Julia Child*

## What’s in today’s boxes:

### In Full Shares (3/4 bushel)

- Sweet Corn
- Summer Squash Mix
- Eggplant (Traviata or Sm. Fairy Tales)
- Leaf Lettuce
- Savoy Cabbage
- Radishes
- Heirloom and/or Slicer Tomatoes
- Heirloom Cherry Tomatoes
- Green Pepper
- Fennel
- Apples
- Carrot Bread

### In Small Shares (1/2 bushel)

- Sweet Corn
- Summer Squash Mix
- Savoy Cabbage
- Radishes
- Orange Carrots
- Tomatoes
- Apples

[Click below for produce info:](#)  
[August 24 Storage & Prep Tips](#)

[Inside this issue:](#)  
**Page 2: Recipe Links**



A newborn colt, just a few hours old, taking its first steps under a watchful mother’s eye.



We hoped that we’d have stories to tell you about how the animals reacted to the solar eclipse, but our skies were overcast, so it looked just like a common cloudy day

*May be ready next week: Cantaloupe! AND, the peppers are finally starting to turn! We hope there’ll be enough for all boxes .*

Recipe links from the Urban Grazer Recipe Library to help you enjoy all the fabulous veggies in your box!

Radishes are delicious when cooked— they become mild and sweet. They could be chopped and added to many of this week's recipes, such as the Vegetable Pasta Dinner, Garden Lasagna, Veggie Galette, and Minestrone Soup.

## **Entrees:**

- [Roasted Fish with Cherry Tomatoes](#)
- [Cherry Tomato Veggie Galette](#)
- [Tomato Bread Pudding](#)
- [Cheesy Vegetable Pasta Dinner](#)
- [Quick Garden Lasagna](#)
- [Cheater's Summer Pie](#)
- [Eggplant Caponata](#)
- [Grilled Eggplant Kebabs w/ Honey Citrus Glaze](#)
- [Mediterranean Eggplant & Chicken Kebabs](#)
- [Grilled Eggplant Open-Faced Sandwiches](#)
- [Stove Top Ground Beef & Cabbage Dinner](#)
- [One Dozen No-Meat Cabbage Rolls](#)
- [One Dozen Ground Beef Cabbage Rolls](#)
- [Easy-Peasy Ground Beef Tacos](#)
- [Zucchini Ribbons & Pasta in Browned Butter](#)

## **Salads:**

- [Corn, Tomato, and Black Bean Salad](#)
- [Quinoa Salad w/ Peppers & Cherry Tomatoes](#)
- [Grilled Zucchini Salad](#)
- [Roasted Eggplant Salad](#)
- [Grilled Eggplant with Roasted Pepper Salad](#)
- [Radish and Apple Salad](#)
- [Carrot Apple and Dried Fruit Salad](#)
- [A Coleslaw Template](#)
- [Fennel Slaw](#)
- [Tuna Salad with Fennel & White Beans](#)

# August 24 Recipe Ideas

## **Sides:**

- [Layered Lentil and Cabbage Gratin](#)
- [Corn Stuffed Zucchini](#)
- [Soy Honey Stir-Fried Eggplant](#)
- [Easy Baked Eggplant and Tomatoes](#)
- [Roasted Radishes w/ Mustard-Chive Vinaigrette](#)
- [Roasted Fennel Bulbs](#)

## **Soups:**

- [Favorite Minestrone](#)

## **Misc:**

- [Radish Apple Salsa](#)
- [Radish Salsa](#)
- [Zucchini Roll Bites](#)
- [Raw Zucchini Hummus](#)
- [Eggplant Tomato Dip](#)
- [Eggplant Kalamata Tapenade](#)

## **Want more ideas?**

Click link below to access to all Urban Graze recipes:

## [Urban Grazer Recipe Library](#)

To use the library:

- Click on the "Get Cookin'" Tab
- Best search method: in column on the right side of page, click on the veggie name of your choice to access recipes using that veggie

Click below for produce info:

## [August 24 Storage & Prep Tips](#)